A multivariable prognostic score to guide systemic therapy in early-stage HER2-positive breast cancer: a retrospective study with an external evaluation

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Summary

Background In early-stage HER2-positive breast cancer, escalation or de-escalation of systemic therapy is a controversial topic. As an aid to treatment decisions, we aimed to develop a prognostic assay that integrates multiple data types for predicting survival outcome in patients with newly diagnosed HER2-positive breast cancer.

Methods We derived a combined prognostic model using retrospective clinical–pathological data on stromal tumour-infiltrating lymphocytes, PAM50 subtypes, and expression of 55 genes obtained from patients who participated in the Short-HER phase 3 trial. The trial enrolled patients with newly diagnosed, node-positive, HER2-positive breast cancer or, if node negative, with at least one risk factor (ie, tumour size >2 cm, histological grade 3, lymphovascular invasion, Ki67 >20%, age ≤35 years, or hormone receptor negativity), and randomly assigned them to adjuvant anthracycline plus taxane-based combinations with either 9 weeks or 1 year of trastuzumab. Trastuzumab was administered intravenously every 3 weeks (8 mg/kg loading dose at first cycle, and 6 mg/kg thereafter) for 18 doses or weekly (4 mg/kg loading dose in the first week, and 2 mg/kg thereafter) for 9 weeks, starting concomitantly with the first taxane dose. Median follow-up was 91.4 months (IQR 75.1–105.6). The primary objective of our study was to derive and evaluate a combined prognostic score associated with distant metastasis-free survival (the time between randomisation and distant recurrence or death before recurrence), an exploratory endpoint in Short-HER. Patient samples in the training dataset were split into a training set (n=290) and a testing set (n=145), balancing for event and treatment group. The training set was further stratified into 100 iterations of Monte-Carlo cross validation (MCCV). Cox proportional hazard models were fit to MCCV training samples using Elastic-Net. A maximum of 92 features were assessed. The final prognostic model was evaluated in an independent combined dataset of 267 patients with early-stage HER2-positive breast cancer treated with different neoadjuvant and adjuvant anti-HER2-based combinations and from four other studies (PAMELA, CHER-LOB, Hospital Clinic, and Padova) with disease-free survival outcome data.

Findings From Short-HER, data from 435 (35%) of 1254 patients for tumour size (T1 vs rest), nodal status (N0 vs rest), number of tumour-infiltrating lymphocytes (continuous variable), subtype (HER2-enriched and basal-like vs rest), and 13 genes composed the final model (named HER2DX). HER2DX was significantly associated with distant metastasis-free survival as a continuous variable ($p<0.0001$). HER2DX median score for quartiles 1–2 was identified as the cutoff to identify low-risk patients; and the score that distinguished quartile 3 from quartile 4 was the cutoff to distinguish medium-risk and high-risk populations. The 5-year distant metastasis-free survival of the low-risk, medium-risk, and high-risk populations were 98.1% (95% CI 96.3–99.9), 88.9% (83.2–95.0), and 73.9% (66.0–82.7), respectively (low-risk vs high-risk hazard ratio [HR] 0.04, 95% CI 0.0–0.1, $p<0.0001$). In the evaluation cohort, HER2DX was significantly associated with disease-free survival as a continuous variable (HR 2.77, 95% CI 1.4–5.6, $p=0.0040$) and as group categories (low-risk vs high-risk HR 0.27, 0.1–0.7, $p=0.005$). 5-year disease-free survival in the HER2DX low-risk group was 93.5% (89.0–98.3%) and in the high-risk group was 81.1% (71.5–92.1).

Interpretation The HER2DX combined prognostic score identifies patients with early-stage, HER2-positive breast cancer who might be candidates for escalated or de-escalated systemic treatment. Future clinical validation of HER2DX seems warranted to establish its use in different scenarios, especially in the neoadjuvant setting.

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Research in context

Evidence before this study

We searched PubMed for clinical trials or studies published in English between Jan 1, 2010, and May 1, 2020, assessing HER2 inhibition in early-stage breast cancer, with the search terms “HER2+”, “early-stage”, “escalation”, “de-escalation”, “biomarker”, “breast cancer”, and “anti-HER2 therapy”. To date, several variables associated with survival outcome have been identified in early-stage, HER2-positive breast cancer, such as TNM staging before and after neoadjuvant therapy, hormone receptor status, tumour-infiltrating lymphocytes, PAM50 intrinsic subtype, and PIK3CA mutations. However, validation and clinical utility of these biomarkers, either alone or in combination, remains unknown.

International guidelines support the administration of adjuvant or neoadjuvant anti-HER2-based chemotherapy in patients with T1b–T4 or lymph-node positive disease. Since 2010 however, various strategies to either escalate or de-escalate systemic therapy in early-stage, HER2-positive breast cancer have been evaluated, such as (1) decreasing the amount of chemotherapy, (2) decreasing the duration of trastuzumab, (3) increasing HER2 blockade with either the addition of 1 year of pertuzumab to trastuzumab or the addition of 1 year of neratinib after trastuzumab, and (4) switching the type of anti-HER2 therapy to trastuzumab emtansine in patients who do not achieve a pathological complete response following neoadjuvant trastuzumab-based chemotherapy. Despite the successes and limitations of these treatment strategies, most patients with early-stage, HER2-positive breast cancer are cured with chemotherapy and

trastuzumab; therefore, a multivariable prognostic tool to help guide systemic therapies in early-stage, HER2-positive breast cancer is needed.

Added value of this study

To our knowledge, ours is the first study attempting to build a combined prognostic score (called HER2DX) based on 17 clinicopathological and genomic variables in early-stage, HER2-positive breast cancer, using tumour samples from a phase 3 clinical trial. Additionally, the prognostic score was evaluated in a combined neoadjuvant dataset of patients with newly diagnosed, HER2-positive breast cancer who received anti-HER2-based therapy, providing insights about the relationship between response to therapy in the neoadjuvant setting and long-term survival outcome.

Implications of all the available evidence

The evidence suggests that the HER2DX prognostic score identified a substantial proportion of patients with early-stage, HER2-positive breast cancer who might not need additional therapies, such as pertuzumab, neratinib, or trastuzumab emtansine because of their favourable survival outcomes with chemotherapy and trastuzumab (plus endocrine therapy if hormone receptor-positive). Further studies should establish the clinical use of the HER2DX prognostic score in this context and explore its value to help further de-escalate systemic treatments, such as the duration of trastuzumab or the amount of chemotherapy. Finally, multivariable prognostic models should be explored in other breast cancer subtypes, such as triple-negative disease, and other cancer types.

Introduction

HER2-positive breast cancer is responsible for a substantial proportion of deaths in women.¹ In the early stages, adjuvant or neoadjuvant chemotherapy and anti-HER2 therapy (plus endocrine therapy in hormone receptor-positive disease) have consistently shown significant and long-term clinical benefits, in terms of disease-free survival and overall survival.¹ However, substantial heterogeneity exists in HER2-positive disease regarding tumour biology,^{2–6} patients' prognosis,⁷ and treatment benefit.⁷

Strategies to either escalate or de-escalate systemic therapy in early-stage HER2-positive breast cancer to improve survival outcomes have been explored,⁸ such as decreasing the number of cycles of chemotherapy⁹ and the duration of trastuzumab,¹⁰ increasing HER2 blockade with pertuzumab¹¹ or neratinib,¹² or switching anti-HER2 therapy to trastuzumab emtansine in patients who did not achieve a pathological complete response following neoadjuvant trastuzumab-based chemotherapy.¹³ Despite these changes, most patients with early-stage, HER2-positive breast cancer are cured with chemotherapy and trastuzumab.¹⁴

In early-stage hormone receptor-positive and HER2-negative breast cancer, several prognostic tools allow better individualisation of systemic treatments and are widely available. For example, gene expression-based assays such as OncotypeDX (Genomic Health, Redwood City, CA, USA)¹⁵ help to identify low-risk patients who do not need adjuvant or neoadjuvant chemotherapy. Second-generation genomic tests, such as PAM50/Prosigna (NanoString Technologies, Seattle, WA, USA),¹⁶ which include clinical variables such as tumour size in the final risk assessment, might better distinguish patients who might not need chemotherapy from those who are likely to benefit.

Some variables beyond the tumour-node-metastasis classification have been associated with prognosis in early-stage, HER2-positive breast cancer—eg, staging before and after neoadjuvant therapy, hormone receptor status, number of stromal tumour-infiltrating lymphocytes,^{14,17,18} and PAM50 intrinsic subtypes.^{2,18,19} Similarly, these biomarkers and PIK3CA mutations²⁰ have been associated with the probability of achieving a pathological complete response,^{20,21} which is also associated with a positive long-term outcome.²² However, decisions about escalation or de-escalation of systemic therapies are

based on nodal status, hormone receptor status, and therapy response.²³ Therefore, a multivariable prognostic tool that integrates several variables to help guide systemic therapies in early-stage, HER2-positive breast cancer is urgently needed. Here, we aimed to develop such a prognostic tool based on multiple variables.

Methods

Study design and participants

This combined prognostic model was derived using retrospective clinical, pathological, and genomic data from a subset of patients who participated in the Short-HER trial. The final prognostic model was evaluated retrospectively in a combined and independent cohort of patients from four other studies (CHER-LOB, PAMELA, Hospital Clinic, and Padova) with early-stage, HER2-positive breast cancer.

Short-HER was a randomised, investigator-driven phase 3 study that aimed to assess the non-inferiority of 9-week versus 1-year adjuvant trastuzumab combined with chemotherapy in terms of disease-free survival (primary endpoint) in women with HER2-positive breast cancer.²⁴ Briefly, eligible participants were women aged 18–75 years with surgically resected, HER2-positive breast cancer with node positivity, or in case of node negativity, at least one of the following features: tumour size larger than 2 cm, histological grade 3, presence of lymphovascular invasion, Ki67 greater than 20%, age 35 years or younger, or hormone receptor negativity. 1254 patients with an Eastern Cooperative Oncology Group (ECOG) performance status of 0–1 were randomly assigned from Dec 17, 2007, to Oct 6, 2013, to one of two treatment groups. The first group was assigned chemotherapy consisting of intravenous doxorubicin 60 mg/m² or intravenous epirubicin 90 mg/m² plus intravenous cyclophosphamide 600 mg/m² every 3 weeks for four courses followed by intravenous paclitaxel 175 mg/m² or docetaxel 100 mg/m² every 3 weeks for four courses. Trastuzumab was administered intravenously every 3 weeks (8 mg/kg loading dose at first cycle, and 6 mg/kg thereafter) for 18 doses, starting with the first taxane dose. The second group was assigned chemotherapy consisting of intravenous docetaxel 100 mg/m² every 3 weeks for three courses followed by intravenous fluorouracil 600 mg/m², epirubicin 60 mg/m², and cyclophosphamide 600 mg/m² every 3 weeks for three courses. Trastuzumab was administered weekly (4 mg/kg loading dose in the first week, and 2 mg/kg thereafter) for 9 weeks, starting concomitantly with docetaxel. When indicated, radiotherapy and hormonal therapy were given according to local standard care. Median follow-up was 91.4 months (IQR 75.1–105.6), and distant metastasis-free survival (the time between randomisation and distant recurrence or death before recurrence) was an exploratory endpoint.

CHER-LOB²⁵ was a randomised, non-comparative, investigator-driven phase 2 study done from Aug 8, 2006, to Nov 25, 2010, of preoperative taxane anthracycline

consisting of intravenous paclitaxel (80 mg/m²) for 12 weeks followed by intravenous fluorouracil, epirubicin, and cyclophosphamide for four courses every 3 weeks, in combination with intravenous trastuzumab, intravenous trastuzumab plus 1000 mg oral lapatinib (daily) or 1500 mg lapatinib (daily) for 26 weeks in patients with HER2-positive, stage II to IIIA operable breast cancer and with a performance status of ECOG 0–1. The primary endpoint was to estimate the pathological complete response rate. Treatment after surgery was left to treating physician discretion. Median follow-up was 60.0 months (IQR 46.9–69.4), and disease-free survival (the time between treatment initiation and any of the following events, whichever occurred first: local, regional, and distant recurrence; contralateral breast cancer, other second invasive primary cancer, death before recurrence, or second primary cancer) was an exploratory endpoint.

PAMELA was a single-group, phase 2 trial done from Oct 22, 2013, to Nov 30, 2015, which aimed to assess the ability of the PAM50 HER2-enriched subtype to predict pathological complete response (the primary endpoint) at the time of surgery.²¹ Patients with HER2-positive breast cancer, stage I–IIIA, and an ECOG performance status of 0–1 were given oral lapatinib (1000 mg per day) and intravenous trastuzumab for 18 weeks; hormone receptor-positive patients were additionally given oral letrozole (2.5 mg per day) or oral tamoxifen (20 mg per day) according to menopausal status. Treatment after surgery was left to the treating physician's discretion. Median follow-up was 68.1 months (IQR 57.1–72.3), and disease-free survival was an exploratory endpoint.

The Hospital Clinic and Padova University cohorts are consecutive series of patients with early-stage, HER2-positive breast cancer and an ECOG performance status of 0–1 treated as per standard practice from June 28, 2005, to Sept 26, 2018 (Hospital Clinic), and Feb 23, 2009, to May 26, 2016 (Padova University cohort), with neoadjuvant trastuzumab-based chemotherapy for 3–6 months, followed by surgery. Adjuvant treatment was completed with trastuzumab for up to 1 year. When indicated, radiotherapy and hormonal therapy were carried out according to local standard care. Median follow-up of the Hospital Clinic and Padova University cohorts were 39.3 (IQR 29.6–55.8) and 38.5 (IQR 30.1–65.7) months, respectively. In both cohorts, disease-free survival was an exploratory endpoint. Approvals for the original studies were obtained from independent ethics committees.

Procedures

PAM50 and single gene analyses were done at the August Pi i Sunyer Biomedical Research Institute using formalin-fixed, paraffin-embedded tumours. Samples analysed from Short-HER were from surgical specimens, whereas samples analysed from the neoadjuvant cohorts from the other studies were from baseline samples before starting neoadjuvant therapy. A minimum of around 125 ng of total RNA was used to measure the

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expression of the 50 PAM50 subtype predictor genes and five other genes (*CD8A*, *PD-L1*, *PD-1*, *CD4*, and *AR*). Normalisation using housekeeping genes, and PAM50 subtyping with adjustment factors, were done as previously described.²¹ For samples from CHER-LOB, PAM50 gene expression and subtyping values were obtained from PAM50-based microarray data (using the Affymetrix Human Genome U133 Plus 2.0 array) as previously described.²⁶ All gene expression analyses were done blinded from clinical data. Nodal and tumour stages were obtained from clinical report forms. Finally, tumour-infiltrating lymphocytes, which consisted of all lymphocytic cell populations that had invaded the tumour tissue were assessed according to predefined criteria for the formalin-fixed paraffin-embedded tumour samples from all studies.²⁷

Outcomes

The primary objective of this study was to derive and evaluate a combined prognostic score, named HER2DX, as a continuous variable. In the training dataset (ie, data from Short-HER), the chosen survival endpoint was distant metastasis-free survival, similar to studies of other gene expression-based prognostic biomarkers such as PAM50 risk of recurrence in hormone receptor-positive, HER2-negative breast cancer.¹⁶ In the evaluation dataset, the survival endpoint was disease-free survival because of the availability of the data.

Our secondary objectives in the training and testing sets were (1) to describe the clinical-pathological and genomic features of the HER2DX risk groups; (2) to explore the association of HER2DX score with disease-free survival in the evaluation dataset according to the type of pathological response; (3) to evaluate the association of HER2DX score with pathological complete response in the breast and axilla in the evaluation dataset. We also did an analysis of the association of HER2DX with disease-free survival in Short-HER.

Statistical analysis

For description purposes, 5-year estimates of distant metastasis-free survival, and 5-year and 8-year disease-free survival estimates were calculated by Kaplan-Meier. The prognostic model was developed using a training dataset of patients enrolled in the Short-HER trial (appendix p 1). The rule to define a patient assessable in Short-HER was availability of gene expression, clinical-pathological, and tumour-infiltrating lymphocytes data. Patients were divided into a training set and a testing set, balancing for distant metastasis-free survival events and treatment group. The training set was further stratified into 100 iterations of Monte-Carlo cross validation (MCCV). Cox proportional hazard models were fitted to MCCV training cases using elastic-net (package *glmnet*). A maximum of 92 features were evaluated. Elastic-net parameters (α and λ) were selected to reduce the partial likelihood of deviance and increase Harrell's C-index

evaluated in the MCCV test sets. These selected values were then used to fit our final model against the complete training set. A total of 17 variables were selected with the following survival coefficients: nodal stage N1–3 (0.680), tumour size T2–4 (0.339), *MMP11* (0.200), *PAM50* HER2-enriched or basal-like (0.156), *CDC6* (0.087), *CDH3* (0.076), *TMEM45B* (0.048), *EXO1* (0.024), *FGFR4* (0.021), *RRM2* (0.008), number of tumour-infiltrating lymphocytes (−0.009), *MLPH* (−0.022), *KRT5* (−0.024), *KRT14* (−0.040), *MYC* (−0.050), *PHGDH* (−0.050), and *BAG1* (−0.168).

Two cutoffs based on quartiles were defined to divide patients into low-risk (quartiles 1 and 2), medium-risk (quartile 3), and high-risk (quartile 4) groups. The final model was tested, as a continuous variable and using the prespecified cutoffs, in 267 patients from the evaluation dataset (appendix p 2). The evaluation dataset was composed of patients with gene expression, clinical-pathological, and tumour-infiltrating lymphocytes data from the CHER-LOB and PAMELA studies, and the Padova and Hospital Clinic cohorts. Missing data were not included in our analyses.

Cox proportional hazard regression analyses were used to investigate the association of each variable with survival outcome. Genes associated with the HER2DX risk groups were identified using a multiclass significance analysis of microarrays and a false discovery rate of less than 5%. Categorical variables were expressed as number (%) and compared between low-risk and medium to high-risk HER2DX groups by χ^2 test or Fisher's exact test. Continuous variables were compared by Student's *t* test. Logistic regression analyses were done to investigate the association of each variable with pathological complete response. The significance level was set to a two-sided α of 0.05. The software used for all statistical analyses was R version 3.6.2.

Role of the funding source

The funders of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report. All authors had full access to all the data in the study and had final responsibility for the decision to submit for publication.

Results

To build a prognostic model, clinical-pathological and molecular data were available from 435 (35%) of 1254 patients in the Short-HER trial (table 1). 290 (67%) patients were placed in the training set and 145 (33%) in the testing set. Mean age was 55.4 (SD 10.2) and most tumours were 2 cm or less (T1 stage), node-negative (N0 stage), hormone receptor-positive, histological grade 3, and had 29% or less tumour-infiltrating lymphocytes.

Most tumours were PAM50 HER2-enriched and the proportion of HER2-enriched breast cancer was higher in hormone receptor-negative disease (126 patients [70%]) compared with hormone receptor-positive

	All patients (n=435)	HER2DX low-risk (n=218)	HER2DX medium- risk to high-risk (n=217)	p value*
Age (years)	55.4 (10.2)	55.0 (10.1)	55.7 (10.4)	0.48
Tumour- infiltrating lymphocytes	..	..	..	0.0001
0-29%	379 (87%)	176 (81%)	203 (94%)	..
≥30%	56 (13%)	42 (19%)	14 (7%)	..
Primary tumour stage	..	..	..	<0.0001
T1	235 (54%)	157 (72%)	78 (36%)	..
T2-4	200 (46%)	61 (28%)	139 (64%)	..
Nodal status	..	..	..	<0.0001
N0	264 (61%)	187 (86%)	77 (36%)	..
N1-3	171 (39%)	31 (14%)	140 (65%)	..
PIK3CA mutations	..	..	..	1.000
Wild type	339 (78%)	169 (78%)	170 (78%)	..
Mutated	92 (21%)	46 (21%)	46 (21%)	..
NA	4 (1%)	3 (1%)	1 (1%)	..
Hormone receptor status	..	..	..	0.092
Positive	309 (71%)	163 (75%)	146 (67%)	..
Negative	126 (29%)	55 (25%)	71 (33%)	..
Treatment group	..	..	..	0.63
1-year adjuvant trastuzumab plus chemotherapy	222 (51%)	114 (52%)	108 (50%)	..
9-week adjuvant trastuzumab plus chemotherapy	213 (49%)	104 (48%)	109 (50%)	..
Grade	..	..	..	0.25
1	6 (1%)	5 (2%)	1 (1%)	..
2	115 (27%)	58 (27%)	57 (27%)	..
3	309 (72%)	152 (71%)	157 (73%)	..
PAM50	..	..	..	<0.0001
Luminal A	87 (20%)	63 (29%)	24 (11%)	..
Luminal B	43 (10%)	24 (11%)	19 (9%)	..
HER2-enriched	230 (53%)	75 (34%)	155 (71%)	..
Basal-like	27 (6%)	17 (8%)	10 (5%)	..
Normal-like	48 (11%)	39 (18%)	9 (4%)	..

Data are mean (SD) or n (%). NA=not assessed. *p values represent the comparison between the HER2DX combined prognostic score low-risk group and the medium-risk to high-risk group.

Table 1: Baseline characteristics of the Short-HER patient dataset

disease (309 [46%]). As expected, most luminal A or B and basal-like subtypes were hormone receptor-positive (309 [99%]) and hormone receptor-negative (126 [70%]), respectively.

A multivariable Cox model analysis of distant metastasis-free survival on the dataset from the 435 patients in Short-HER trial showed that tumour size,

Figure 1: Distant metastasis-free survival outcomes based on HER2DX combined prognostic scores in the Short-HER training dataset

(A) Distant metastasis-free survival according to low-risk (quartiles 1 and 2 combined), medium-risk (quartile 3) and high-risk (quartile 4) scores. (B) Distant metastasis-free survival according to low-risk (quartiles 1 and 2 combined) and medium or high-risk (quartiles 3 and 4 combined) scores. HR=hazard ratio.

nodal status, percentage of tumour-infiltrating lymphocytes, and PAM50 subtypes were independent prognostic variables (appendix p 3). Next, we evaluated the ability of 31 variables to provide additional prognostic information using cross-validated elastic-net Cox models. The final HER2DX score included 17 variables: tumour size (T1 vs rest), nodal status (N0 vs rest), number of tumour-infiltrating lymphocytes (as a continuous variable), PAM50 subtype (HER2-enriched and basal-like vs rest), and 13 individual genes (appendix pp 13–16). Seven (54%) of these genes had coefficients associated with poor distant metastasis-free survival outcome and were mostly tracking proliferation-related genes (*CDC6*, *EXO1*, and

	All patients (n=267)	HER2DX low risk (n=117)	HER2DX medium risk to high risk (n=150)	p value*
Age (years)	54.5 (11.8)	53.4 (11.8)	55.4 (11.8)	0.48
Tumour- infiltrating lymphocytes	..	..	..	0.0090
0–29%	220 (82%)	88 (75%)	132 (88%)	..
≥30%	47 (18%)	29 (25%)	18 (12%)	..
Clinical tumour stage	..	..	..	0.010
T1	57 (21%)	34 (29%)	23 (15%)	..
T2–4	210 (79%)	83 (71%)	127 (85%)	..
Clinical nodal status	..	..	..	<0.0001
N0	148 (55%)	101 (86%)	47 (31%)	..
N1–3	119 (45%)	16 (14%)	103 (69%)	..
Pathological response	..	..	..	0.90
Complete response	98 (37%)	42 (36%)	56 (37%)	..
Residual disease	169 (63%)	75 (64%)	94 (63%)	..
Hormone receptor status	..	..	..	0.0001
Positive	172 (64%)	91 (78%)	81 (54%)	..
Negative	95 (36%)	26 (22%)	69 (46%)	..
Grade	..	..	..	0.34
1	15 (6%)	5 (5%)	10 (7%)	..
2	71 (28%)	35 (32%)	36 (25%)	..
3	168 (66%)	68 (63%)	100 (69%)	..
PAM50	..	..	..	<0.0001
Luminal A	51 (19%)	38 (33%)	13 (9%)	..
Luminal B	33 (12%)	20 (17%)	13 (9%)	..
HER2- enriched	138 (52%)	35 (30%)	103 (69%)	..
Basal-like	21 (8%)	7 (6%)	14 (9%)	..
Normal-like	24 (9%)	17 (15%)	7 (5%)	..
Study	..	..	..	0.37
PAMELA	88 (33%)	33 (28%)	55 (37%)	..
CHER-LOB	74 (28%)	38 (33%)	36 (24%)	..
Hospital Clinic	68 (26%)	30 (26%)	38 (25%)	..
Padova	37 (14%)	16 (14%)	21 (14%)	..

Data are mean (SD) or n (%). *p values represent the comparison between the HER2DX combined prognostic score low-risk group and the medium-risk to high-risk groups.

Table 2: Baseline characteristics of the combined patient evaluation dataset

RRM2), HER2-enriched-related biology (*TMEM45B* and *FGFR4*) and basal-like-related biology (*CDH3*). The other six (46%) genes had survival coefficients associated with better outcome and were mostly tracking luminal A-related biology (*BAG1*), normal-like biology (*KRT5*, *KRT14*, *MLPH*, and *MYC*), and basal-like-related biology (*PHGDH*). The predictive performance (C-index) of HER2DX in Short-HER was 0.80 for all patients,

0.83 for the training set, and 0.72 for the testing set from Short-HER.

HER2DX measured as a continuous variable was significantly associated with distant metastasis-free survival in the Short-HER 435 patient-dataset ($p < 0.0001$). According to HER2DX scoring based on quartiles (appendix p 4), the 5-year distant metastasis-free survival of quartiles 1, 2, 3, and 4 were 97.1% (95% CI 94.0–100.0), 99.1% (97.3–100.0), 88.9% (83.2–95.0), and 73.9% (66.0–82.7), respectively. There was no significant difference in distant metastasis-free survival between quartile 2 versus quartile 1 (hazard ratio [HR] 0.92, 95% CI 0.23–3.70, $p = 0.91$). Quartiles 3 and 4 had significantly worse distant metastasis-free survival compared with quartile 1 (quartile 3: HR 4.57, 95% CI 1.5–13.6, $p = 0.010$; quartile 4: 12.0, 4.30–33.5, $p < 0.0001$).

Based on these findings, HER2DX median score (ie, quartiles 1–2) was identified as the cutoff to identify low-risk patients (figure 1). The 5-year distant metastasis-free survival of the low-risk group was 98.1% (95% CI 96.3–99.9; figure 1). The HER2DX score that distinguished quartile 3 from quartile 4 was designated as the cutoff to identify medium-risk and high-risk patients. 5-year distant metastasis-free survival was 88.9% (95% CI 83.2–95.0) in the medium-risk group and 73.9% (66.0–82.7) in the high-risk group. The low-risk group (quartiles 1–2) had significantly longer distant metastasis-free survival compared with the high-risk group (quartile 4), the medium-risk group (quartile 3), and the medium-risk to high-risk group (quartiles 3–4; figure 1). An analysis of HER2DX versus disease-free survival showed similar results (appendix p 4).

Clinical–pathological and molecular features of the HER2DX low-risk patients in Short-HER were compared with those of the medium-risk to high-risk patients (table 1). No clinical–pathological or molecular feature was unique to HER2DX low-risk patients. Similarly, 7–36% of HER2DX medium to high-risk patients had features associated with a better survival outcome, such as a high percentage of tumour-infiltrating lymphocytes (>30%), T1 tumours, or node-negative disease (table 1).

41 (75%) of 55 genes analysed in total were found differentially expressed across the three risk groups (appendix p 5).

A dataset of 267 patients with early-stage HER2-positive disease obtained from a combined cohort of four neoadjuvant studies was used for an independent evaluation of the HER2DX score (the score was determined at baseline before starting neoadjuvant therapy; table 2). The evaluation dataset was composed of 74 (61%) of 121 patients from CHER-LOB, 88 (58%) of 151 from PAMELA, 37 from the Padova cohort and 68 from the Hospital Clinic cohort. All patients received chemotherapy and 1 year of trastuzumab; 116 (43%) of 267 patients received dual HER2 blockade with lapatinib and trastuzumab for 4.5 to 6.0 months, and 20 (8%) of 267 received four cycles of neoadjuvant pertuzumab.

Despite heterogeneity in systemic therapies, there were no significant differences in disease-free survival across the four cohorts (appendix p 6).

In the evaluation dataset, HER2DX score as a continuous variable was significantly associated with disease-free survival (HR 2.77, 95% CI 1.4–5.6, $p=0.0040$; appendix pp 7, 17). According to the prespecified cutoffs, the HER2DX low-risk group had longer disease-free survival than the medium-risk to high-risk group or the high-risk group (figure 2). 5-year disease-free survival in the HER2DX low-risk, high-risk, and medium-risk to high-risk groups was 93.5% (95% CI 89.0–98.3), 81.1% (71.5–92.1), and 86.7% (81.2–92.5), respectively. 8-year disease-free survival in the HER2DX low-risk, high-risk, and medium to high-risk groups was 91.7% (95% CI 86.2–97.6%), 54.1% (24.1–100), and 78.7% (62.6–98.9), respectively.

Tumour-infiltrating lymphocytes as a continuous variable (odds ratio [OR] 1.04, 95% CI 1.0–1.1, $p<0.0001$) and HER2-enriched subtype (OR 3.25, 95% CI 1.8–5.7, $p<0.0001$) were associated with pathological complete response in the evaluation cohort. On the contrary, HER2DX score as a continuous variable was not associated with pathological complete response (OR 1.02, 95% CI 0.6–1.6, $p=0.93$) in the evaluation cohort. According to the previously described cutoffs, the proportion of patients who achieved a pathological complete response in the evaluation cohort in the HER2DX low-risk, medium-risk, and high-risk groups were 42 (36%) of 117 patients, 34 (39%) of 86 patients and 22 (36%) of 64 patients. Among 169 patients with residual disease in the evaluation cohort, the distribution of HER2DX low-risk, medium-risk, and high-risk groups was 75 (44%), 52 (31%), and 42 (25%), respectively. In this setting of patients with residual disease, the HER2DX low-risk group had longer disease-free survival compared with the high-risk group (HR 0.34, 95% CI 0.1–0.9, $p=0.030$) but not the medium-risk group (0.63, 0.2–1.7, $p=0.38$) or the medium-risk to high-risk group (0.47, 0.2–1.1, $p=0.10$; appendix pp 7–12). In patients with residual disease, 5-year disease-free survival in the HER2DX low-risk and high-risk groups was 90.0% (95% CI 83.2–97.4) and 78.2% (65.6–93.2), respectively. 8-year disease-free survival in the HER2DX low-risk and high-risk groups was 87.6% (95% CI 79.7–96.3) and 39.1% (0.1–100.0), respectively. Of 98 patients who achieved a pathological complete response, the distribution of HER2DX low-risk, medium-risk, and high-risk groups was 42 (42.9%), 34 (34.7%), and 22 (22.4%), respectively.

Discussion

To our knowledge, this is the first study attempting to build a combined prognostic score based on 17 clinical–pathological and genomic variables in early-stage, HER2-positive breast cancer using tumour samples from a phase 3 trial. Specifically, our results showed that HER2DX is associated with long-term distant metastasis-free

Figure 2: Disease-free survival outcomes based on HER2DX combined prognostic scores in the combined evaluation dataset

(A) Disease-free survival according to low-risk (quartiles 1 and 2 combined), medium-risk (quartile 3) and high-risk (quartile 4) scores. (B) Disease-free survival according to low-risk (quartiles 1 and 2 combined) and medium or high-risk (quartiles 3 and 4 combined) scores. HR=hazard ratio.

survival and can identify groups of patients with different risks of relapsing following standard therapy. Additionally, our study provided insights about the relationship between response to therapy in the neoadjuvant setting and long-term prognosis. From a clinical point of view, HER2DX could identify patients with early-stage, HER2-positive disease who are candidates for escalated or de-escalated systemic treatment. Future validation of HER2DX seems warranted.

Escalation or de-escalation of systemic therapies in early-stage, HER2-positive disease is a controversial topic. In stage 1 disease, the APT trial²⁸ showed disease-free survival rates of 93.3% following 3 months of

adjuvant paclitaxel plus 1 year of trastuzumab in a single-arm trial of 410 patients. This treatment strategy is now widely adopted,²⁸ although controversy exists in patients with hormone receptor-negative disease.²⁹ Regarding de-escalation of trastuzumab, several non-inferiority studies, including the Short-HER trial,²² have shown a narrow reduction in recurrence risk with 12 months of therapy compared with shorter durations.^{10,28,29} This treatment strategy, however, has not been widely adopted worldwide, despite its potential impact in low-income countries where trastuzumab is not reimbursed.²³

In stage 2–3 disease, escalated systemic treatments with pertuzumab, neratinib, and trastuzumab emtansine are approved by the US Food and Drug Administration and the European Medicines Agency.^{11–13} However, the absolute benefit of pertuzumab and neratinib is low (<3% in invasive disease-free survival).^{11,12} Trastuzumab emtansine, contrarily, has shown clinically meaningful results with an absolute increase in invasive disease-free survival at 3 years of 11.3% compared with trastuzumab in patients with HER2-positive breast cancer who do not achieve a pathological complete response following standard anti-HER2-based chemotherapy.¹³ However, three of four patients in the control group of this pivotal trial¹³ did not have an event at 3 years. Overall, there is an urgent need to better define the populations of patients with early-stage, HER2-positive disease who are candidates for escalated or de-escalated systemic therapies.

To our knowledge, our study is the first to report a clinically valuable prognostic biomarker in HER2-positive breast cancer. Specifically, the HER2DX score can divide the population of early-stage, HER2-positive breast cancer into two prognostically distinct groups. To accomplish this, the assay integrates multiple data types and presents a single prognostic score as a continuous variable and proposes specific cutoffs. Importantly, the HER2DX low-risk group cannot be identified by classic clinical and pathological variables, and a substantial proportion of HER2DX low-risk patients have individual features known to be associated with poor survival outcome, such as a large tumour size, nodal positivity, a low number of tumour-infiltrating lymphocytes, and residual disease after neoadjuvant therapy. Finally, an intriguing finding is that HER2DX is not associated with the probability to achieve a pathological complete response following anti-HER2-based therapy.

Our study had several limitations. First, the evaluation dataset was a heterogeneous cohort of patients. Second, the survival endpoint from the training dataset (ie, distant metastasis-free survival) was different from the evaluation dataset (ie, disease-free survival), because PAMELA had disease-free survival data recorded, not distant metastasis-free survival. Third, the CIs of the survival estimates at 5 years and 8 years of the different risk groups overlap. Fourth, a substantial proportion of patients in the evaluation dataset also received dual HER2 blockade with lapatinib and trastuzumab. However, the absolute effect of

dual HER2 blockade with these two drugs in terms of survival outcomes was small (ie, absolute increase compared with trastuzumab of 2% at 4 years).³⁰ Fifth, HER2DX was developed from primary tumour specimens and staging was based on surgical pathology reports. This approach is different from the neoadjuvant setting where a core biopsy is the only available tissue and staging is based on imaging. Despite this limitation, HER2DX did well in the combined neoadjuvant dataset, suggesting it can predict outcome at diagnosis before any treatment is initiated using core biopsies. Sixth, the Short-HER cohort was powered for another primary endpoint, which was to compare disease-free survival between two treatment groups. However, the analysis presented here used all available patients from this study. Thus, we did not do a formal power analysis and focused on significant results. Finally, the HER2DX assay is not standardised and specific cutoffs will need to be defined.

Following our results, the question remains whether HER2DX will guide the use of systemic therapy in early-stage HER2-positive breast cancer. Our opinion is that we are not ready yet to embrace this biomarker and further validation studies should establish its clinical use in different scenarios with a particular focus in the neoadjuvant setting, where the type of pathological response might be incorporated in the HER2DX algorithm. To accomplish this, the HER2DX assay should be standardised and applied retrospectively in tumour samples from at least two large and completed phase 3 pivotal clinical trials such as APHINITY,¹¹ NeoALTO,³⁰ ExteNET,¹² PERSEPHONE, or KATHERINE.¹³ For example, patients with HER2DX low-risk disease at diagnosis who do not achieve a pathological complete response following anti-HER2-based neoadjuvant therapy could be spared 14 cycles of adjuvant trastuzumab emtansine. Finally, HER2DX could help the design of prospective clinical trials to test novel escalation or de-escalation treatment strategies.

Contributors

AP and PC designed the study. AP, PC, LP, GG, and TP contributed to data collection and assembly. AP, PC, LP, and JSP interpreted and analysed the data. All authors wrote and reviewed the report and approved the final version for submission.

Declaration of interests

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Data sharing

The data collected for the study will not be made publicly available. We encourage investigators interested in data sharing and collaboration to contact the corresponding author (AP).

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