## Background & Purpose
- The number of primary male caregivers has increased since the start of the 21st century.
- Limited amount of research on male caregivers outside of intact families.
- Limited amount of research on family occupations, including mealtimes.

## Research Question
- What is the experience of a male caregiver during mealtimes with his children?

## Methods
### Single Case Study Design
- Two interviews with male caregiver.
- Two observations of family mealtimes; breakfast and dinner.

### Participants
- The King’s: Ethan, Dave, James, Jackelson.

### Data Analysis
- Thematic analysis.

## Findings
- **Mealtimes as a way to be together**
- **Mealtimes as a refuge**

## Discussion
- The experience of mealtimes includes more than just the meal itself, but also includes mealt ime preparation and planning.
- Families prioritize being together during mealtimes.
- Routines during mealtimes are key.
- Planning ahead is important to prioritize aspects of mealtimes.

## Conclusion & Implications
- OS: understanding the lived experience of a family with a male caregiver.
- OT: considering interventions around mealtimes based on family context.
- Future research is needed on understudied family structures and family occupations.

## References