# Exit the Way You Came

 $\mathbf{B}\mathbf{y}$ 

Elise Berrier Creative Writing University of North Carolina at Chapel Hill

April 21, 2015

Approved:

Gabrielle Calvocoresst, Thesis Advisor

# Contents

They overstay their visit	2
Arcadia, North Carolina	3
In the Cadaver Lab	5
Swan at Trout Lake	6
A fever ago	7
Skeleton	8
Build me a house	9
German immigrant	10
Build me a city	11
After surgery	12
Moving, Part I	13
When asked if your family was religious	14
Stay, static	15
I wanted you	16
The only picture of my parents I refuse to throw away	17
Lamentations	18
Moving, Part II	21
Registered organ donor	22
Father references fights with old addresses	23
Dear Sophie	24
The quieter one	26
Lessons on Marriage	27
Rocket	29
Elegy	30
Intention	33
She said I live in Arcadia	34
Whey I won't buy this postcard with a heart on it	35

## They overstay their visit

this one's quilt in the stew, this one's quilt in the heat with its

alphabet stitches. this one's dad is sleeping from mom, this one's toes made mold, made mom. this one's cry

grew her flowers, dug the sea from her eye by the hour and this one with its quilt spins thread

in knots, ties her knuckles in knots around the grocery bag bonnet. and this one's

tot with the claws slept next to the skinny one, drew all the letters from the sky

on the walls. that one shoots from the birds' eye and drags it to the cold one's feet and you, sir,

wanted to sing that one's kill and this one's baby cousin to sleep

and that one's quilt, she set patches on fire and these one's quilts burned

#### Arcadia, North Carolina

Breeze heavy & the lawn chairs rattling with their plastic ribbons torn loose.

Arcadia, North Carolina is not a place.

It is your porch when you are asleep.

Across the street, a girl has been felt up for the first time. The trees

were blazed for their ash and there are 17 acres stopping the scar.

I could not tell you the number of inhabitants and I do not wish

you more than soup cans of potted pansies.

A neighbor with skin that stretches tough across the chest. Eyes stomped

with crow's-feet, blood.

Where blue is the blur in dropped stitches.

The birds when they line up, ready to claim their rusted tools.

The seeds are soaking in sugar in the shed.

Pick up the phone. Beg the other four generations to get off. The sky will wane

with or without you.

Arcadia is not yours to keep.

#### In the Cadaver Lab

There lay the cadavers. There lay the cadavers and they settled with purple around their nipples like my father. There lay the cadavers and they sunk in silver lunchboxes in the lab. There lay my father and he smelled and scolded and shook. There lay the cadavers and they hunched all over and their chests unfolded like rinds and they looked pink under their ringlets from months of methylated spirit. My father convulsed thickly and boldly: the scalpel scraped the hook of his jugular without him bleeding a single word. And the lab was cold as steel and cloaked in bowed heads and above the white stung the fluorescents. There lay the cadavers and scolded and were scraped of fat. There lay the cadavers beside the ghosts and their carving blocks heavy with pork. And my dad with eyes of plastic and blue jays and me. In the back, the radio read obituaries. That is where the cadavers lay and settled with purple around their nipples and slanted spines. They settled. And I was starved in my fingers from peeling along the sternum and ribs and I knew my father would hear me try to stifle his thumps.

#### **Swan at Trout Lake**

I flick the syringe. The border around the lake is your shade of aged penicillin. My brother's

allergic: cried for three days straight when he was a baby. Lichens are snowfallen this season. You knew and your horn

lifted to sing. Skinny hiss, why do they call you mute: is it your fear of angling?

Of not being able to scream when your long neck collapses, floats sideways, dragging eyes dilated

and white linens rung against the cerulean?

# A fever ago

Legs full of milk and wisteria: the cotton should be in my mouth, choking a tooth and salting a tongue. Seventh grade:

hair is hollow, finds a split and roots the bathroom floor. Will I ever find my vagina? All small

and spilling brittlestar. Practice separating the suck of spines. These teeth are redder than yours,

wear more tinsel crowns, and ramble on to strangers. Coneflower is my sex. Everything fragrant we breathe

and the iron sprouted in sidewalks. Coneflower is arching, always above the weather. And how many holes

am I supposed to find? Take it out. Overpicked and dangling.

#### Skeleton

From the root skeletos, meaning *dried up* like: the sheets we left piled in matches on the bed, like the shore at low tide that we pick-pocketed, stopping to startle the fin scissored in half, ignoring the teeth still chattering, kneeling to lick the bony *framework* free of scales, so the silvers that collect on our tongues hang heavy, and out of our mouths, dangles a hook, dried-up, withering.

#### Build me a house

Brick is my mother's tongue: red tracing the innards of cheek. Wreckedtender and heavy. Her lipstick

done in the rearview mirror. Smacked bubblegum no where in the seats.

Lips cold from cement. The chalk was runny. The barn sinking wet.

An apple dropped hard. Palm face down: waiting for it to rise back into seeds and odors. Clung

to the fingernail of wood. A tree tainted with mouth.

Talk of the first lamb. How it should be cradled. Given a last supper, a fire. Kissed

on a bed of straw.

# German immigrant

My grandmother blues in the mud. She lost three toes in a lawn mowing accident

and the ants still move through the yard in search of sugar. She's okay, but the stones

kept grabbing. She says she clawed the gnome's neck and told him to apologize. She is all nail

and little sift: a thousand rocks that sink to the bottom of her swimming pool. *Dip in and out, Nazi woman.* The town

clinks their glasses and she won't hear the digging on the phone line. When the police

knock on her door, they won't let her put on her shoes.

#### Build me a city

Shoulders shaken with moths: half-dream in our mouths too limp and quiet to blow into smoke, whisper well into red bridges. Wings

in our mouths too limp and quiet. Let's play god? Send birds to dive into red bridges, wings stuck on a ledge and always

let's play god: send birds to dive in our bellies, hands stuck on a ledge and always praise the ones that got away.

In our bellies, hands felt for a fever, mapped the the ones that got away and the meat in your mouth:

felt for a fever, mapped the throb of blood. The meat in your mouth rattled their eyes shaded open.

The throb of blood means there is something in the water rattling our eyes shaded open, allegiance

means there is something in the water, your knees wet in all this green grass. Allegiance pulled your skin over rocks,

your knees wet in all this green grass. Shoulders shaken with moths, half-dream pulled your skin over rocks: blow us into smoke, whisper well.

# After surgery

I followed the limp in sea glass on the sand and the unfinished

arpeggio the doctor sewed across your chest. You remind me

of ledges and legs: how you always crouch before you jump, the shy way your body

forgets to rust in the ocean. I won't forgive you if you die young. You hammered

exhausted clams against a rock, if only to strike fire, unhinge the jaw

and finger the graying flesh, both of you unfixed.

# Moving, Part I

Spirits have been restless this time of year: making birthday wishes in their sleep. *New house, new hauntings,* you wrote.

But cardboard burns the same every time. The suckle of the stupid ridges sulking into a black fever. Might as well be shaved from cow's hide. Brown leather dripping into the blood. Tell them

I'm sorry I left their shadows burnt into the carpet. They stood still too long popping the nails off the walls. Unbuttoning the picture frames. Carving cracks in the glass with fingernails.

Claw of the hammer. I wanted the sailboat to swim alone. How do you stack masts and clocks and all their hands loose? Nothing fits in boxes.

What of the letters I begged you to send that time we were gardens (and oceans) apart? They've burnt petals in the grease in my pots and pans. The tantrum of the match when it licked our boxes. Nothing lives in them.

# When asked if your family was religious

You said your daughter thinks the weatherman lies when he promises:

holiness is lightning frightened by the sun. Your son thinks the milk

delivered each morning rises like dead spirits. The way it curdles at the top

when it's tired and old. Don't we all rise to the top? When we're tired and old.

The milkman sneaks into your room when the children are at school. Kisses crosses

on your palms. Crosses kisses on your mouth. You both end on your knees. Praying

the spirits in the brick of the house stay. Silent. May they rearrange the wooden

shoes without knocking. Breathe fire into the brick without puffing. Send us to Heaven. Without stomping.

# Stay, static

Forget that treeline bruised in the evening, sputtering coyotes scratching her cats' arches.

Forget muddy tongues of the crooks in mother's garden, red blood cells

lopped up by the doe. Teaching the sun

to come down for dinner, spreading like ashes across the wooden ship.

Those stars and her quivering: bodies tugging the morning dew.

Forget the membrane fires stirring the chimney

swallows. Swatches of black: eyes round bullets.

Sell the silver in the creek, the soil in her veins.

#### I wanted you

Bitten sogs of sap breaking an old tree: the rings dripping sour mess, yellow jacket

stick. Your kind of mouth, jolting the storm river-electric. The rain forming and the belly's

too full to put outside: I'll lap at it all morning. Listen for the hot sizzle when the sky juices

its chewy pairs. No way they'll skin them first. No way we'll skin anything we're supposed to.

The wind is teeth, sharpens a cliff, beckons a country. Tell me when the ribs rumble

for the clearing: the bed bursting with bogs and bridges. Sweat thickens the bone, feeds ice

to the wetland. Put a stinger in my tongue and no way we'll skin anything we can suckle.

# The only picture of my parents I refuse to throw away

Her breasts are soft: Where am I

if not to be head against them?

I'm still inside them. And the bed is a hotel. The hotel is their home.

Until the pink in their faces rots.

No rings on their fingers.

#### Lamentations

I. everyday we find that different. shade overlapping on a scale: cases come within the purview of exhaustion, she is who is her own confined as it is illword. II. nature appears record The estimated women alone

circulated to the county,

# (Some evidence is an understatement.) We may note the total number

located

in question.

III.

This situation

mixed

parts developed as the result

of female

experience.

the social

is sterilized;

use as an

activity.

look on

of the measure. It is easy to

be carried over in people's

minds.

IV.

requested

all

free

```
and they have before them
                                          praises.
She knew
              her own,
       said that
                     she had
                   poor
              neighbors.
       "People envy me."
V.
                     the practice varies from
one county to another.
              What happens depends
       on
       sympathetic
                            work,
              stress
                            evidence
       Illustrating
       the women
                     defective
She had consented to
       furnished particulars,
```

blind from birth.

#### Moving, Part II

New neighbor boy is slow, mom says. He will take care of the yard.

This six-month rental is all turf and fence: mud stomped soft into the ground.

I imagine his room stuffy, an imitation of the garden: each rose blushes in a bowl,

nervous to shiver open. Thorns clog the drain, wait for a back to scratch. He will swim

laps backwards across the bath, watch the water chug down. His fingers prune

changing their soak once an hour. I won't hear the teeth of the Japanese beetles

and the holes they pinch in their chitter-chatter. The snails line the floorboards, suck

the oak dry. Peel their feet and you'll never lick another stamp in your life.

Neighbor boy, someone will come home soon.

# Registered organ donor

That summer the doctor cut out your lung, you left it in a bucket bedside, stacked against ice and I stopped sleeping that night: watched it wheeze flat, your sails quivering loose. And the bellows when the tides broke— I'd kicked the bucket over! Slipped out of the cavern in your left over side and for a moment, the lung crawled. The slack mouth of the sponge wrinkled and dragged naked pink across the floor, a hurt animal heaving as it counted breaths and pills, six months left to live. Did I know then? When I nudged your sleeping shoulder, you pointed to the carving knife. Your heart I kept stammering in a jar.

# Father references fights with old addresses

Don't you think living on a road with pelicans was enough. They stole

enough fish from my mouth: tongue lagging, half waiting for you to come home, say it.

Don't you think you never have a net to say it with. You are

the pelican. You are my lane. I will not come home, will not say it.

Too many words in your orange beak. Too many plump

fish flailing, orange pulled plastic and tails flopping flat. Don't spill it now,

Dad. Drink your water. It's time for the check.

#### **Dear Sophie**

It's easier to imagine you bald: your scalp surfaced, disrobed

and scratched in rills. The orb of your body is rounded

to a pimpled hull. Why not add another—and you won't

get the damn rind off your face. The orange you've been peeling

at for hours. Sitting in the corner rubbing it on your red nose, swollen

cheeks. The windows are steamed from the sun. The last bit of anything

wet was scraped into this room and I'm supposed to like you, Sophie.

Pregnant. Drug Addict. In Rehab for the Second Time. I'm supposed to

learn from you. But all I see are the clawfeet of your bathtub

that have been coaxed alive and the baby that will play where you raised magic.

Chanted with a fever, spilling stones into something finer—perhaps, something

finer than yourself. Did you look for your powder in jail: dripping

from leaking faucets, churned into the grout between the tiles? Your orange

surfaced—disrobed and scratched in rills. Sophie. Pregnant. Drug-Addict.

In Rehab for the Second Time. Your orange is my half-time at soccer games. Sliced

into wedges. Clamped between my gums and the orange is my mouth: hiding missing

baby teeth and bloody gums. Sophie. Will your baby play soccer? Will you cut

her oranges into wedges of the world? Halftime teething, Sophie. Pregnant.

Drug Addict. In Rehab for the Second Time. My orange is your pregnancy in jail:

a ball for you to disrobe, scratch into rills. Missing teeth and bloody gums. They fed

your veins, weaned your baby off your magic. My orange is your fear you weren't getting out

before labor. The baby girl handed to a security guard before you.

# The quieter one

Where the river plunges there's a part that can never

be heard. How its sound could be trapped in the red

of a bird. What if that's it: your heat was flattened

into grasses, the softer parts strung with the vowels

of my name. The fish always plunge the fastest.

The hook dug further into my breast. I'm rounder

and louder than your trees.

#### **Lessons on Marriage**

I'm going to tell you a story: before the rehearsal dinner, Oberon slunk into his brother's pin. I raised that horse better. But the hunter—I'd shoot him

today if I saw him. Anyway, Oberon slunk into his brother's pin, dressed him in a magnetized bib. Said, Aghba, it's time to smile. The light flashed

and it was sunset. But in the dirt laid an x-ray of his jaw line, so we know it looked good before. Oberon chewed at him, tore his jowls

sloppy loose. And in his chest: Oberon carved the initials B-G, like we monogrammed everything for the wedding. Now, listen:

you cannot put two stallions in the same field. They will fight till the death, death won't do them part. Don't look a hurt horse in the mouth.

The mares dug in crop circles. The mares shimmied in circles: sewing their hips together, braiding their tails together. Hiding Aghba with their hides. Oberon tapped

the knife on the wine glass, and said, it's time for a toast. Let's bless the newlyweds, bless the ground they stomp on and the ground they breed on. May all of their corn shrivel

to fescue. May all of their blonde babies know their yellow and red. Nightfall and the mares sung sleepy. Oberon went to thank the hunter and Aghba collapsed. We strung him with lights, IVs and magic tricks. Begged a spell around his neck. Blood: quiet your pitter patter. Husband and wife: quiet your pitter patter. Don't look a fucked marriage in the mouth.

#### **Rocket**

While you sleep the rocket is a beggar on the static:

all the legs huddle, croon, and count

that they're going to pull life out of there. Shake

each magnet for all it's worth.

I heard it when you left my bed this morning:

You said I was warm.

As if needing a reason to keep scooping me onto your chest. Frankly,

I'm running out of ways to wake you up.

Borrowed a silver can, spilt your coins into a pale fire.

I want to fall asleep sucking blue into my fingertip, twisting gold around the knuckle.

Won't you snip it loose nightly

won't you leave

come back, shriveled and shouting

Evolution means we were once uglier.

## **Elegy**

Last week, the toothed way you yelled

for messing up your banana stand. You see:

I only like them when they are green sucking yellow.

Strangers that don't commit to a season

or weather or taste. You probably thought the first bite

was the worst but I won't tell your family

how much I thought you lied: how pretty you made the stand

fumble into each other's bad spots. So all we saw

were the yellow boats bowing in their stacks. How all we wished

was to pull one back, plop it in our seas and ride until our cheeks peeled chalky. Your cheeks were never chalky

and your wife: I bet her hair was still golden

the day you died and she won't eat another banana again.

I will buy the ones accidentally green, plant them

in tinsel in the backyard. I won't talk

to the rotting in the muffin pans: yellow chests bruised

and tithing.
The ones that stick to the roof of my mouth

but she cried less than you wanted, rubbing your bald head

to sleep and screamed: *Fuck off.* 

How could you fuck off. I have ninety pictures of you with cardboard boxes

and fuck off. Couldn't you have let me buy the bananas in peace.

Couldn't you have grown old and died in peace.

#### Intention

No ghost blushing, no a girl before. But limp dresses, buttons snapping

in cast iron. The stage was dim, the year of the beetles, and the lighting

fed a wild egret. I came here to say: the river was strained with a spoon and I broke your watch

on a rock. No kitchen small talk. No smack about hollow shells, how they

always land with their feet pointed up. The hymn was starved in a field, the beetles hissing

before you spat and rolled away from my body.

#### She said I live in Arcadia

There are no butterflies. We're born with hooks on our heels. Dogs come home for dinner

spitting feathers. Slide the wattles over. I slide back the ace of hearts. I'm a glass bottle

you cut your big toe on in Arcadia. I hum in ditches, split your seeds

in the dust bowl. Dried blood on your spine: roll around with me and you'll never

sit straight again. She said there are no butterflies in Arcadia. I bit my tongue and swallowed in Arcadia.

Plenty of buckeyes afraid to blink. Blue eyes leak orange open, make toadflax and racists

sag fat in Arcadia. Church moms sing sulfur cloudless, want queer kids

in school safe in Arcadia. We scrape away layers of farmhouse paint, make mourning cloaks

fight to keep their gold tin. Some of us ask the painted lady to prom. The rest of us

chew cabbage white like cud in the back. We'll sway against the brick, bow when you call us

giant swallowtail: afraid we'll dart at your citrus like a bird in Arcadia. I bit

her tongue and swallowed in Arcadia. One day we'll grow sick of chrysalis. We'll stem

to a bigger stick, make a skin of ourselves, and crawl sticky out of Arcadia.

#### Why I won't buy this postcard with a heart on it

Because the heart's anatomical and it's been punctured and you know I love shit like that

and the sink was full and the fire was numb and we said, *let's clean tomorrow, check the weather tomorrow.* 

Since you loved her, we talk about sex the way I imagine neighbors talk about shrubbery:

the coolest spots we've found it, how it's better if no one knows, and why it's always more beautiful in the daylight.

The lightbulb stammered a storm and I loved you like a siren licked awake, smashing

my secrets as trophies in a parking lot, their heads spitting in circles.

And I haven't written because the mailman's allergic to azaleas, won't deliver its hungry- cold-footed-always-falling-asleep-on-your-couch-shivers.

Fuck the mailman.

And without the mailman, we are flailing.

The bathwater is a cold slinking of village and should you suddenly write

from the last country, you'd signed with scribbled hills and gurgled snowpuffs. They tasted dirtier than you could imagine

and all of this, you told me to expect: dial tone clucking

in the mountains. An avalanche, and in my head

we use our mouths. The lightening flits us full.

36

#### Notes

I was able to write *Exit the Way You Came* through the love and kindness of my family and friends, especially the family of UNC-Chapel Hill's 2014-2015 Honors Poetry class. Our lineage starts with Gaby Calvocoressi and I am forever thankful. A big thank you, especially, to Austin Berrier, who listened to many of my first drafts at two o'clock in the morning with eager ears. Another thank you to Mary Alta for never failing to hug me and ask how I was doing. A last necessary thank you to Bradley Allf for his love and himself. Praise the goddesses for you all.

"After surgery" is for Andrew Crabtree and Sam Thomasson. I miss your love and laughs.

"Lamentations" is an erasure of the 1949 article "Sterilization and Social Welfare: A Survey of Current Developments in North Carolina" in honor of the 7,600 North Carolina residents that were forcibly sterilized from 1929 to 1974.