## **ACC/AHA/NASPE Practice Guidelines**

# ACC/AHA/NASPE 2002 Guideline Update for Implantation of Cardiac Pacemakers and Antiarrhythmia Devices: Summary Article

A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (ACC/AHA/NASPE Committee to Update the 1998 Pacemaker Guidelines)

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The current update of the ACC/AHA/NASPE Guidelines for Implantation of Cardiac Pacemakers and Antiarrhythmia Devices includes several significant changes in the recommendations and in the supporting narrative portion. In this summary, we list the updated recommendations along with the respective 1998 recommendations, each one accompanied by a brief comment outlining the rationale for the changes, additions, or deletions. All new or revised recommendations are listed in the second column and appear in boldface type. References that support either the 1998 recommendations that have not changed or the new or revised recommendations are noted in parentheses at the end of each recommendation. The reader is referred to the full-text

version of the guidelines posted on the American College of Cardiology (ACC), American Heart Association (AHA), and North American Society for Pacing and Electrophysiology (NASPE) World Wide Web sites for a more detailed exposition of the rationale for these changes. In addition to the recommendation changes listed here, this update includes an expanded section on the selection of pacemakers and implantable cardioverter-defibrillators (ICDs) that reflects the technical advances that have taken place since 1998. A brief expanded summary of pacemaker follow-up procedures is also new to these guidelines. For both of these expanded sections, the reader is referred to the online full-text version.

This document was approved by the American College of Cardiology Foundation Board of Trustees in September 2002, the American Heart Association Science Advisory and Coordinating Committee in August 2002, and the North American Society for Pacing and Electrophysiology in August 2002.

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Copies: This document is available on the World Wide Web sites of the ACC (www.acc.org), the AHA (www.americanheart.org), and NASPE (www.naspe.org). A single copy of the complete guidelines is available by calling 800-253-4636 (US only) or writing the American College of Cardiology Foundation, Resource Center, 9111 Old Georgetown Rd, Bethesda, MD 20814-1699 (ask for No. 71-0237). To obtain a copy of the Summary Article, ask for reprint No. 71-0236. To purchase additional reprints (specify version and reprint number): up to 999 copies, call 800-611-6083 (US only) or fax 413-665-2671; 1000 or more copies, call 410-528-4426, fax 410-528-4264, or e-mail kbradle@lww.com.

In preparing this update, the committee was guided by the following principles:

- Changes in recommendations and levels of evidence were made either because of new randomized trials or because of the accumulation of new clinical evidence and the development of clinical consensus.
- (2) The committee is cognizant of the healthcare, logistic, and financial implications of recent trials and factored in these considerations in arriving at the class level of certain recommendations.
- (3) Minor wording changes were made to render some recommendations more precise.
- (4) The committee wishes to re-emphasize that the recommendations in the guideline apply to most patients but may require modification by existing situations that only the primary treating physician can evaluate properly.
- (5) All of the listed recommendations for implantation of a device presume the absence of inciting causes that may be eliminated without detriment to the patient (eg, nonessential drug therapy).
- (6) The committee endeavored to maintain consistency of recommendations in this and other previously published guidelines. In the section on atrioventricular (AV) block associated with acute myocardial infarction (AMI), the recommendations follow closely those in the ACC/AHA Guideline for the Management of Patients With Acute Myocardial Infarction.¹ However, given the rapid evolution of pacemaker/ICD science, it has not always been possible to maintain consistency with other guidelines. An example of such a discrepancy can be found in Section I-H, in which the recommendation for biventricular pacing in selected patients with

heart failure has been listed under Class IIa, whereas in the ACC/AHA Guideline for the Evaluation and Management of Chronic Heart Failure in the Adult,<sup>2</sup> biventricular pacing is cited as an investigational procedure.

The ACC/AHA classifications I, II, and III are used to summarize indications as follows:

- Class I: Conditions for which there is evidence and/or general agreement that a given procedure or treatment is useful and effective.
- Class II: Conditions for which there is conflicting evidence and/or a divergence of opinion about the usefulness/efficacy of a procedure or treatment.

*IIa:* Weight of evidence/opinion is in favor of usefulness/efficacy.

*IIb:* Usefulness/efficacy is less well established by evidence/opinion.

Class III: Conditions for which there is evidence and/or general agreement that the procedure/treatment is not useful/effective and in some cases may be harmful.

The weight of the evidence was ranked highest (A) if the data were derived from multiple randomized clinical trials that involved large numbers of patients and intermediate (B) if the data were derived from a limited number of randomized trials that involved small numbers of patients or from careful analyses of nonrandomized studies or observational registries. A lower rank (C) was given when expert consensus was the primary basis for the recommendation.

2002 New or Revised
1998 Recommendation Recommendations

Comments

## SECTION I-A: PACING FOR ACQUIRED ATRIOVENTRICULAR BLOCK IN ADULTS

Recommendations for Permanent Pacing in Acquired Atrioventricular Block in Adults

### Class I

- 1. Third-degree AV block at any anatomic level, associated with any one of the following conditions:
- a. Bradycardia with symptoms presumed to be due to AV block. (Level of Evidence: C)
- b. Arrhythmias and other medical conditions that require drugs that result in symptomatic bradycardia. (Level of Evidence: C)
- c. Documented periods of asystole greater than or equal to 3.0 seconds or any escape rate less than 40 beats per minute (bpm) in awake, symptom-free patients. (Level of Evidence: B, C)
- d. After catheter ablation of the AV junction. (Level of Evidence: B, C) There are no trials to assess outcome without pacing, and pacing is virtually always planned in this situation unless the operative procedure is AV junction modification.
- e. Postoperative AV block that is not expected to resolve. (Level of Evidence: C)

## Class I

- Third-degree and advanced second-degree AV block at any anatomic level, associated with any one of the following conditions:
- a. Bradycardia with symptoms (including heart failure) presumed to be due to AV block. (Level of Evidence: C)
  - b. (No change)
- c. Documented periods of asystole greater than or equal to 3.0 seconds (3) or any escape rate less than 40 beats per minute (bpm) in awake, symptom-free patients (4,5). (Levels of Evidence: B, C)
- d. After catheter ablation of the AV junction. (Levels of Evidence: B, C) There are no trials to assess outcome without pacing, and pacing is virtually always planned in this situation unless the operative procedure is AV junction modification (6,7).
  - e. Postoperative AV block that is not

### Class I

The changes emphasize the importance of the site of the block and introduce "advanced second-degree AV block" as a class I indication. This recommendation is based on several observational studies and is supported by a wealth of clinical experience. The narrative portion of this section also emphasizes that the site of origin of the escape rhythm in cases of advanced AV block is as important (or more important) than the escape rate itself.

In recommendation 1a, heart failure is specifically introduced as a major symptom that merits consideration when dealing with AV block-induced bradycardia.

In recommendation 1e, "cardiac surgery" was added to specifically define the situation(s) in which this recommendation applies.

Recommendation 1f has been amplified to indicate that pacing therapy is recommended in patients with neuromuscular diseases and

#### 2002 New or Revised 1998 Recommendation Recommendations Comments f. Neuromuscular diseases with AV block expected to resolve after cardiac surgery. third-degree AV block whether or not they are such as myotonic muscular dystrophy. (Level of Evidence: C) (8-10) symptomatic, in view of the unpredictable Kearns-Sayre syndrome, Erb's dystrophy f. Neuromuscular diseases with AV block, progression of AV conduction in this group of (limb-girdle), and peroneal muscular atrophy. such as myotonic muscular dystrophy, diseases. (Level of Evidence: B) Kearns-Sayre syndrome, Erb's dystrophy (limb-girdle), and peroneal muscular atrophy, with or without symptoms. because there may be unpredictable progression of AV conduction disease. (Level of Evidence: B) (11-17) 2. Second-degree AV block regardless of No change type or site of block, with associated symptomatic bradycardia. (Level of Evidence: B) (18) Class IIa Class IIa Class IIa 1. Asymptomatic third-degree AV block at 1. Asymptomatic third-degree AV block at This change introduces the concept that any anatomic site with average awake cardiomegaly and LV dysfunction are important any anatomic site with average awake ventricular rates of 40 bpm or faster. (Level of ventricular rates of 40 bpm or faster considerations in the decision-making process Evidence: B, C) especially if cardiomegaly or left ventricular to implant a pacemaker in asymptomatic (LV) dysfunction is present. (Levels of patients with third-degree AV block and Evidence: B, C) otherwise "acceptable" heart rates. 2. Asymptomatic type II second-degree AV 2. Asymptomatic type II second-degree Based on reports and clinical experience, block. (Level of Evidence: B) AV block with a narrow QRS. When type II the change in this recommendation calls second-degree AV block occurs with a wide attention to the site of the block and QRS, pacing becomes a Class I emphasizes that a wide QRS complex in recommendation (see next section patients with type II second-degree AV block regarding Pacing for Chronic Bifascicular suggests the presence of diffuse conduction and Trifascicular Block). (Level of Evidence: system disease and constitutes an indication for pacing therapy even in asymptomatic B) (19,20) patients. 3. Asymptomatic type I second-degree AV 3. Asymptomatic type I second-degree AV Minor wording change deleting an block at intra- or infra-His levels found block at intra- or infra-His levels found at unnecessary word (incidentally) incidentally at electrophysiological study electrophysiological study performed for performed for other indications. (Level of other indications. (Level of Evidence: B) Evidence: B) (18-21)4. First-degree AV block with symptoms 4. First- or second-degree AV block with Wording change to clarify that symptoms suggestive of pacemaker syndrome and symptoms similar to those of pacemaker resulting from first- or second-degree AV block documented alleviation of symptoms with syndrome. (Level of Evidence: B) (22,23) may be similar to those of the pacemaker temporary AV pacing. (Level of Evidence: B) syndrome rather than suggestive of this syndrome per se. Class IIb Class IIb Class IIb 1. Marked first-degree AV block (more than No change 0.30 seconds) in patients with LV dysfunction and symptoms of congestive heart failure in whom a shorter AV interval results in hemodynamic improvement, presumably by decreasing left atrial filling pressure. (Level of Evidence: C) (24) 2. Neuromuscular diseases such as New recommendation for pacemaker myotonic muscular dystrophy, Kearns-Sayre insertion in patients with neuromuscular syndrome, Erb's dystrophy (limb-girdle), diseases and second- or first-degree AV block,

and peroneal muscular atrophy with any

AV block) with or without symptoms, because there may be unpredictable progression of AV conduction disease. (Level of Evidence: B) (11–17)

degree of AV block (including first-degree

ie. lesser degrees of AV block than those listed

under Class I recommendation 1f.

1998 Recommendation	2002 New or Revised Recommendations	Comments
Class III	Class III	Class III
Asymptomatic first-degree AV block. (Level of Evidence: B) (25) (See also "Pacing for Chronic Bifascicular and Trifascicular Block")		No change
2. Asymptomatic type I second-degree AV block at the supra-His (AV node) level or not known to be intra- or infra-Hisian. (Level of Evidence: B, C) (18)		No change
3. AV block expected to resolve and unlikely to recur (26) (eg, drug toxicity, Lyme disease). (Level of Evidence: B)	3. AV block expected to resolve and/or unlikely to recur (26) (eg, drug toxicity, Lyme disease, or during hypoxia in sleep apnea syndrome in absence of symptoms) (Level of Evidence: B)	Addition of hypoxia occurring during periods of sleep apnea as a cause of transient AV block that is unlikely to recur once sleep apnea syndrome has been treated.
SECTION I-B: PACING FOR CHRONIC BIFASCICULA		
Recommendations for Permanent Pacing in Chro		Olean I
Class I  1. Intermittent third-degree AV block. (Level of Evidence: B) (27–33)	Class I	Class I  No change
2. Type II second-degree AV block. (Level of Evidence: B) (34–36)		No change
	3. Alternating bundle-branch block. (Level of Evidence: C) (37)	New Class I recommendation that adds alternating bundle branch block to the manifestations of fascicular block that indicate pacing therapy. This recommendation was not explicitly stated in the previous version.
Class IIa	Class Ila	Class IIa
Syncope not proved to be due to AV block when other likely causes have been excluded, specifically ventricular tachycardia (VT). (Level of Evidence: B)	<ol> <li>Syncope not demonstrated to be due to AV block when other likely causes have been excluded, specifically ventricular tachycardia (VT). (Level of Evidence: B) (38–55)</li> </ol>	Change of "proved" to "demonstrated" because it may be very difficult to prove the cause of syncope.
2. Incidental finding at electrophysiological study of markedly prolonged HV interval (greater than or equal to 100 milliseconds) in asymptomatic patients. (Level of Evidence: B) (47)		No change
3. Incidental finding at electrophysiological study of pacing-induced infra-His block that is not physiological. <i>(Level of Evidence: B)</i> (54)		No change
Class IIb	Class Ilb	Class IIb
	Neuromuscular diseases such as myotonic muscular dystrophy, Kearns-Sayre syndrome, Erb's dystrophy (limb-girdle), and peroneal muscular atrophy with any degree of fascicular block with or without symptoms, because there may be unpredictable progression of AV conduction disease. (Level of Evidence: C) (11–17)	New Class Ilb recommendation for pacing therapy in patients with neuromuscular diseases and fascicular block. Clinical experience suggests that progression of AV conduction disturbance is unpredictable, and high-grade AV block can develop even in asymptomatic patients with these diseases.
Class III	Class III	Class III
1. Fascicular block without AV block or symptoms. (Level of Evidence: B) (41,43,46,47)		No change
2. Fascicular block with first-degree AV block without symptoms. (Level of Evidence: B) (41,43,46,47)		No change

	2002 New or Revised		
1998 Recommendation	Recommendations	Comments	
SECTION I-C: PACING FOR ATRIOVENTRICULAR BL		RDIAL INFARCTION	
Recommendations for Permanent Pacing After th	<u> </u>		
Class I	Class I	Class I	
Persistent second-degree AV block in the His-Purkinje system with bilateral		No change	
bundle-branch block or third-degree AV block			
within or below the His-Purkinje system after			
AMI. (Level of Evidence: B) (36,56–60)			
Transient advanced (second- or hird-degree) infranodal AV block and		No change	
associated bundle-branch block. If the site of			
olock is uncertain, an electrophysiological			
study may be necessary. (Level of Evidence: B)			
56,57)		No about	
3. Persistent and symptomatic second- or hird-degree AV block. (Level of Evidence: C)		No change	
Class IIb	Class IIb	Class IIb	
Persistent second- or third-degree AV	,	No change	
block at the AV node level. (Level of Evidence:		3	
3) (20)			
Class III	Class III	Class III	
1. Transient AV block in the absence of		No change	
ntraventricular conduction defects. (Level of Evidence: B ) (56)			
2. Transient AV block in the presence of		No change	
solated left anterior fascicular block. <i>(Level of</i>		s.ia.i.go	
Evidence: B) (58)			
3. Acquired left anterior fascicular block in		No change	
he absence of AV block. <i>(Level of Evidence: B)</i> 56)			
4. Persistent first-degree AV block in the		No change	
presence of bundle-branch block that is old or		s.ia.i.go	
age indeterminate. (Level of Evidence: B) (56)			
*These recommendations generally follow he ACC/AHA Guidelines for the Management of			
Patients With Acute Myocardial Infarction (61)			
SECTION I-D: PACING IN SINUS NODE DYSFUNCTION	ON		
Recommendations for Permanent Pacing in Sinus	Node Dysfunction		
Class I	Class I	Class I	
1. Sinus node dysfunction with documented		No change	
symptomatic bradycardia, including frequent			
sinus pauses that produce symptoms. In some patients, bradycardia is iatrogenic and will			
occur as a consequence of essential long-term			
lrug therapy of a type and dose for which			
here are no acceptable alternatives. <i>(Level of Evidence: C)</i> (5,62,63)			
2. Symptomatic chronotropic incompetence.		No change	
Level of Evidence: C) (5,62–65)		NO Change	
Class IIa	Class IIa	Class IIa	
1. Sinus node dysfunction occurring		No change	
pontaneously or as a result of necessary drug		-	
herapy, with heart rate less than 40 bpm when a clear association between significant			
symptoms consistent with bradycardia and the			
actual presence of bradycardia has not been			
documented. <i>(Level of Evidence: C)</i> 4,5,62,63,66,67)			

1998 Recommendation	2002 New or Revised Recommendations	Comments
	2. Syncope of unexplained origin when major abnormalities of sinus node function are discovered or provoked in electrophysiological studies (Level of Evidence: C) (68,69)	New Class IIa recommendation for pacing therapy in patients with syncope, no other demonstrable cause, and who were found to have spontaneous or provocable sinus node dysfunction at electrophysiological study.
Class IIb	Class IIb	Class IIb
1. In minimally symptomatic patients, chronic heart rate less than 30 bpm while awake. (Level of Evidence: C)	1. In minimally symptomatic patients, chronic heart rate less than 40 bpm while awake. (Level of Evidence: C) (4,5,62,63,66,67)	The change of awake heart rate from 30 to 40 bpm was made on the basis of clinical experience and provides the clinician more flexibility to consider pacing in patients with suspected sinus node dysfunction, in whom a firm diagnosis cannot be made.
Class III	Class III	Class III
Sinus node dysfunction in asymptomatic patients, including those in whom substantial sinus bradycardia (heart rate less than 40 bpm) is a consequence of long-term drug treatment.		No change
2. Sinus node dysfunction in patients with symptoms suggestive of bradycardia that are clearly documented as not associated with a slow heart rate.		No change
3. Sinus node dysfunction with symptomatic bradycardia due to nonessential drug therapy.		No change
SECTION I-E: PREVENTION AND TERMINATION OF	TACHYARRHYTHMIAS BY PACING	
Recommendations for Permanent Pacemakers Th	nat Automatically Detect and Pace to Terminate Tach	nycardias
Class I	Class I	Class I
Symptomatic recurrent supraventricular tachycardia that is reproducibly terminated by pacing after drugs and catheter ablation fail to control the arrhythmia or produce intolerable side effects. (Level of Evidence: C)		This recommendation was downgraded fror Class I to Class IIa. Committee consensus was that it is highly unlikely that treatment with drugs and/or ablation therapy would fail to control supraventricular tachycardia (SVT) (see below).
2. Symptomatic recurrent sustained VT as part of an automatic defibrillator system. (Level of Evidence: B)		Deleted because this indication is dealt with in the ICD section.
Class IIa	Class Ila	Class IIa
	1. Symptomatic recurrent SVT that is reproducibly terminated by pacing in the unlikely event that catheter ablation and/or drugs fail to control the arrhythmia or produce intolerable side effects. (Level of Evidence: C) (70–74)	The rewording of this previously Class I recommendation is intended to convey that ablation and/or drugs are effective therapies for SVT, and it is unlikely that pacing therapy will be required.
Class IIb	Class Ilb	Class Ilb
1. Recurrent SVT or atrial flutter that is reproducibly terminated by pacing as an alternative to drug therapy or ablation. (Level of Evidence: C) (70–75)		No change
Class III	Class III	Class III
Tachycardias frequently accelerated or converted to fibrillation by pacing.		No change
2. The presence of accessory pathways with the capacity for rapid anterograde conduction whether or not the pathways participate in the mechanism of the tachycardia.		No change

4000 December and other	2002 New or Revised	Comments
1998 Recommendation	Recommendations TACHYAPPHYTHMAC BY PACING	Comments
SECTION I-E: PREVENTION AND TERMINATION OF Pacing Recommendations to Prevent Tachycardi		
Class I	Class I	Class I
1. Sustained pause-dependent VT, with or without prolonged QT, in which the efficacy of pacing is thoroughly documented. (Level of Evidence: C) (76,77)	olass I	No change
Class IIa	Class IIa	Class IIa
1. High-risk patients with congenital long-QT syndrome. <i>(Level of Evidence: C)</i> (76,77)		No change
Class IIb	Class IIb	Class IIb
1. AV re-entrant or AV node re-entrant supraventricular tachycardia not responsive to medical or ablative therapy. (Level of Evidence: C) (71,72,78)		No change
2. Prevention of symptomatic, drug refractory, recurrent atrial fibrillation. (Level of Evidence: C)	2. Prevention of symptomatic, drug-refractory, recurrent atrial fibrillation in patients with coexisting sinus node dysfunction. (Level of Evidence: B) (79–81)	This recommendation was revised and the level of evidence upgraded to "B" to reflect the available information. Several studies suggest that in some patients with recurrent atrial fibrillation and coexisting sinus node dysfunction, atrial-based pacing reduces the recurrence rate of this arrhythmia.
Class III	Class III	Class III
1. Frequent or complex ventricular ectopic activity without sustained VT in the absence of the long-QT syndrome.		No change
2. Long-QT syndrome due to reversible causes.	2. Torsade de Pointes VT due to reversible causes.	Wording change because the arrhythmia is the Torsade de Pointes VT and not the long-QT syndrome.
SECTION I-F: PACING IN HYPERSENSITIVE CAROT	ID SINUS AND NEUROCARDIOGENIC SYNCOPE	
Recommendations for Permanent Pacing in Hype	ersensitive Carotid Sinus Syndrome and Neurocardiog	genic Syncope
Class I	Class I	Class I
1. Recurrent syncope caused by carotid sinus stimulation; minimal carotid sinus pressure induces ventricular asystole of more than 3-second duration in the absence of any medication that depresses the sinus node or AV conduction. (Level of Evidence: C) (82,83)		No change
Class IIa	Class IIa	Class Ila
1. Recurrent syncope without clear, provocative events and with a hypersensitive cardioinhibitory response. (Level of Evidence: C) (82,83)		No change
2. Syncope of unexplained origin when major abnormalities of sinus node function or AV conduction are discovered or provoked in electrophysiological studies. (Level of Evidence: C)		Deleted from this section and more appropriately placed in the Sinus Node Dysfunction section as Recommendation #2, Class IIa.
	3. Significantly symptomatic and recurrent neurocardiogenic syncope associated with bradycardia documented spontaneously or at the time of tilt-table testing. (Level of Evidence: B) (84–87)	This recommendation was added to reflect the results of trials that have demonstrated that pacing therapy is effective in cases of vasovagal syncope associated with episodes of spontaneous or provoked bradycardia. The level of evidence was set to "B" to reflect published trials.

1998 Recommendation	2002 New or Revised Recommendations	Comments
Class IIb	Class IIb	Class IIb
Neurally mediated syncope with significant bradycardia reproduced by a head-up tilt with or without isoproterenol or other provocative maneuvers. (Level of Evidence: B)		Deleted
Class III	Class III	Class III
A hyperactive cardioinhibitory response to carotid sinus stimulation in the absence of symptoms.	1. A hyperactive cardioinhibitory response to carotid sinus stimulation in the absence of symptoms or in the presence of vague symptoms such as dizziness, lightheadedness, or both.  (Level of Evidence: C)	This Class III recommendation replaces the prior recommendations #1 and #2 for the sake of simplicity.
A hyperactive cardioinhibitory response to carotid sinus stimulation in the presence of vague symptoms such as dizziness, lightheadedness, or both.		Deleted
3. Recurrent syncope, lightheadedness, or dizziness in the absence of a hyperactive cardioinhibitory response. (Level of Evidence: C)		This becomes #2.
4. Situational vasovagal syncope in which avoidance behavior is effective. (Level of Evidence: C)		This becomes #3.

Recommendations for Permanent Pacing in Children, Adolescents, and Patients With Congenital Heart Disease

## Class I

- 1. Advanced second- or third-degree AV block associated with symptomatic bradycardia, congestive heart failure, or low cardiac output. (Level of Evidence: C)
- 2. Sinus node dysfunction with correlation of symptoms during age-inappropriate bradycardia. The definition of bradycardia varies with the patient's age and expected heart rate. (Level of Evidence: B) (3,5,88)
- 3. Postoperative advanced second- or third-degree AV block that is not expected to resolve after cardiac surgery. (Level of Evidence: B, C)
- 4. Congenital third-degree AV block with a wide QRS escape rhythm or ventricular dysfunction. (Level of Evidence: B)

1. Advanced second- or third-degree AV block associated with symptomatic bradycardia, ventricular dysfunction, or low cardiac output. (Level of Evidence: C)

- 3. Postoperative advanced second- or third-degree AV block that is not expected to resolve or persists at least 7 days after cardiac surgery. (Level of Evidence: B, C (89,90)
- 4. Congenital third-degree AV block with a wide QRS escape rhythm, complex ventricular ectopy, or ventricular dysfunction. (Level of Evidence: B) (91-93)

This recommendation was reworded, substituting "ventricular dysfunction" for "congestive heart failure" to reflect accumulating clinical experience that ventricular dysfunction adversely affects the prognosis of patients with congenital third-degree AV block even in the absence of overt heart failure.

No change

Reworded recommendation to specify that AV block that persists for more than 7 days after cardiac surgery is unlikely to resolve and is best treated with the implantation of a pacemaker. The change was made because of accumulating clinical experience and published studies demonstrating adverse prognosis in such patients who did not receive a permanent pacemaker for rate support.

"Complex ventricular ectopy" was added to the other elements of this recommendation to reflect growing experience that in this setting, prognosis is adversely affected by such ectopy in the absence of rate support by a permanent pacemaker.

#### 2002 New or Revised Recommendations Comments 1998 Recommendation 5. Congenital third-degree AV block in the No change infant with a ventricular rate less than 50 to 55 bpm or with congenital heart disease and a ventricular rate less than 70 bpm. (Level of Evidence: B, C) (92,94) 6. Sustained pause-dependent VT, with or No change without prolonged QT, in which the efficacy of pacing is thoroughly documented. (Level of Evidence: B) (76,77,95,96) Class IIa Class IIa Class IIa 1. Bradycardia-tachycardia syndrome with No change the need for long-term antiarrhythmic treatment other than digitalis. (Level of Evidence: C) (97,98) 2. Congenital third-degree AV block beyond 2. Congenital third-degree AV block Rewording of this recommendation to the first year of life with an average heart rate beyond the first year of life with an average include symptoms due to chronotropic less than 50 bpm or abrupt pauses in heart rate less than 50 bpm, abrupt pauses incompetence and abrupt pauses in ventricular rate in young patients with third-degree AV ventricular rate that are two or three times the in ventricular rate that are two or three basic cycle length. (Level of Evidence: B) times the basic cycle length, or associated block after the first year of life. These events with symptoms due to chronotropic have been found to affect prognosis in patients incompetence. (Level of Evidence: B) (99) with asymptomatic congenital third-degree AV block. 3. Long-QT syndrome with 2:1 AV or No change third-degree AV block. (Level of Evidence: B) (100,101)4. Asymptomatic sinus bradycardia in the 4. Asymptomatic sinus bradycardia in the The resting heart rate was changed from 35 child with complex congenital heart disease child with complex congenital heart disease to 40 bpm on the basis of clinical experience with resting heart rate less than 35 bpm or with resting heart rate less than 40 bpm or and expert consensus. pauses in ventricular rate more than 3 pauses in ventricular rate more than 3 seconds. (Level of Evidence: C) seconds. (Level of Evidence: C) 5. Patients with congenital heart disease New recommendation for pacing in children and impaired hemodynamics due to sinus with impaired hemodynamics as a result of bradycardia or loss of AV synchrony. (Level sinus bradycardia or loss of AV synchrony. of Evidence: C) Clinical experience has accumulated that indicates that children with congenital heart disease and hemodynamic impairment as a result of these conditions have unfavorable prognosis if not paced. Class IIb Class IIb Class IIb 1. Transient postoperative third-degree AV No change block that reverts to sinus rhythm with residual bifascicular block. (Level of Evidence: C) (102) 2. Congenital third-degree AV block in the 2. Congenital third-degree AV block in Modification of this recommendation to asymptomatic neonate, child, or adolescent the asymptomatic infant, child, adolescent, include "young adults" with congenital with an acceptable rate, narrow QRS complex, or young adult with an acceptable rate, third-degree AV block by clinical consensus. and normal ventricular function. (Level of narrow QRS complex, and normal Evidence: B) ventricular function. (Level of Evidence: B) 3. Asymptomatic sinus bradycardia in the 3. Asymptomatic sinus bradycardia in the Change of resting heart rate from 35 to 40 adolescent with congenital heart disease with adolescent with congenital heart disease bpm as a result of clinical experience and resting heart rate less than 35 bpm or pauses with resting heart rate less than 40 bpm or expert consensus. in ventricular rate more than 3 seconds. (Level pauses in ventricular rate more than 3 of Evidence: C) seconds. (Level of Evidence: C) 4. Neuromuscular diseases with any New Class IIb recommendation for pacing in degree of AV block (including first-degree children and adolescents with a neuromuscular AV block), with or without symptoms, disease and any degree of AV block. This is because there may be unpredictable similar to the recommendation for pacing in

progression of AV conduction disease.

this situation for adults (Section I-A).

1998 Recommendation	2002 New or Revised Recommendations	Comments
Class III	Class III	Class III
1. Transient postoperative AV block with return of normal AV conduction within 7 days. (Level of Evidence: B)	1. Transient postoperative AV block with return of normal AV conduction. (Level of Evidence: B) (90,102)	Rewording of this Class III recommendation to eliminate the 7-day window. There is clinical evidence that patients with postoperative AV block who regain normal AV conduction at any time have generally favorable prognosis without pacing.
2. Asymptomatic postoperative bifascicular block with or without first-degree AV block. (Level of Evidence: C)		No change
3. Asymptomatic type I second-degree AV block. (Level of Evidence: C)		No change
4. Asymptomatic sinus bradycardia in the adolescent with longest RR interval less than 3 seconds and minimum heart rate more than 40 bpm. (Level of Evidence: C) (104)		No change
SECTION I-H: PACING IN SPECIFIC CONDITIONS		
1. HYPERTROPHIC OBSTRUCTIVE CARDIOMYOPATI	ΗΥ	
Pacing Recommendations for Hypertrophic Cardio	omyopathy	
Class I	Class I	Class I
1. Class I indications for sinus node dysfunction or AV block as previously described. (Level of Evidence: C)		No change
Class IIb	Class IIb	Class IIb
Medically refractory, symptomatic hypertrophic cardiomyopathy with significant resting or provoked LV outflow obstruction. (Level of Evidence: C)	1. Medically refractory, symptomatic hypertrophic cardiomyopathy with significant resting or provoked LV outflow obstruction. (Level of Evidence: A) (105–110)	No change in recommendation class. Level of evidence raised from "C" to "A" on the basis of published trials.
Class III	Class III	Class III
Patients who are asymptomatic or medically controlled.		No change
2. Symptomatic patients without evidence of LV outflow obstruction.		No change
SECTION I-H: PACING IN SPECIFIC CONDITIONS (C	ontinued)	
2. IDIOPATHIC DILATED CARDIOMYOPATHY		
Pacing Recommendations for Dilated Cardiomyop	athy	
Class I	Class I	Class I
1. Class I indications for sinus node dysfunction or AV block as previously described. (Level of Evidence: C)		No change
Class IIa	Class Ila	Class IIa
	1. Biventricular pacing in medically refractory, symptomatic New York Heart Association (NYHA) class III or IV patients with idiopathic dilated or ischemic cardiomyopathy, prolonged QRS interval (greater than or equal to 130 ms), LV end-diastolic diameter greater than or equal to 55 mm and ejection fraction less than or equal to 35%. (Level of Evidence: A) (111,112)	New recommendation for <i>biventricular</i> pacing in patients with advanced heart failure, specific indices of LV dysfunction, and prolonged QRS duration. Multiple trials have demonstrated clinical and structural cardiac improvement with this form of therapy.

	2002 New or Revised	
1998 Recommendation	Recommendations	Comments
Class IIb	Class IIb	Class IIb
Symptomatic, drug refractory dilated cardiomyopathy with prolonged PR interval when acute hemodynamic studies have demonstrated hemodynamic benefit of pacing. (Level of Evidence: C)		Deleted
Class III	Class III	Class III
1. Asymptomatic dilated cardiomyopathy.		No change
Symptomatic dilated cardiomyopathy when patients are rendered asymptomatic by drug therapy.		No change
3. Symptomatic ischemic cardiomyopathy.	3. Symptomatic ischemic cardiomyopathy when the ischemia is amenable to intervention.	Modification of this recommendation to clarify that pacing therapy is not indicated in symptomatic ischemic cardiomyopathy when the patient can be treated with revascularization therapy.
SECTION I-H: PACING IN SPECIFIC CONDITIONS (	continued)	
3. CARDIAC TRANSPLANTATION		
Pacing Recommendations After Cardiac Transpl	antation	
Class I	Class I	Class I
1. Symptomatic bradyarrhythmias/ chronotropic incompetence not expected to resolve and other Class I indications for permanent pacing. (Level of Evidence: C)		No change
Class IIb	Class IIb	Class IIb
1. Symptomatic bradyarrhythmias/ chronotropic incompetence that, although transient, may persist for months and require intervention. (Level of Evidence: C)		No change
Class III	Class III	Class III
Asymptomatic bradyarrhythmias after cardiac transplantation.		No change
SECTION II: INDICATIONS FOR IMPLANTABLE CAI	RDIOVERTER-DEFIBRILLATOR THERAPY	
Recommendations for ICD Therapy		
Class I	Class I	Class I
Cardiac arrest due to ventricular fibrillation (VF) or VT not due to a transient or reversible cause. (Level of Evidence: A) (113–134)		No change
2. Spontaneous sustained VT. (Level of Evidence: B)	2. Spontaneous sustained VT in association with structural heart disease. (Level of Evidence: B) (113–127)	This recommendation for ICD implantation was modified with the addition of the requirement for structural heart disease to be present. This change was made because ICD therapy is most efficacious in patients with impaired LV performance. Conversely, VT arising in structurally normal hearts can usually be treated pharmacologically or with catheter ablation.
3. Syncope of undetermined origin with clinically relevant, hemodynamically significant sustained VT or VF induced at electrophysiological study when drug therapy is ineffective, not tolerated, or not preferred. (Level of Evidence: B) (127,133,135–140)		No change

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1998 Recommendation	2002 New or Revised Recommendations	Comments
4. Nonsustained VT with coronary disease, prior MI, LV dysfunction, and inducible VF or sustained VT at electrophysiological study that is not suppressible by a Class I antiarrhythmic drug. (Level of Evidence: B)	4. Nonsustained VT in patients with coronary disease, prior myocardial infarction (MI), LV dysfunction, and inducible VF or sustained VT at electrophysiological study that is not suppressible by a Class I antiarrhythmic drug. (Level of Evidence: A) (141–143)	No substantive change. Level of evidence raised from "B" to "A" as a result of newly published studies.
	<ol> <li>Spontaneous sustained VT in patients who do not have structural heart disease that is not amenable to other treatments. (Level of Evidence: C)</li> </ol>	New recommendation for ICD implantation in patients with sustained VT and structurally normal hearts when alternative treatments have failed (See #2 above)
Class IIa	Class IIa	Class IIa
	Patients with LV ejection fraction of less than or equal to 30%, at least one month post myocardial infarction and three months post coronary artery revascularization surgery. (Level of Evidence: B) (159)	New recommendation for implantation of an ICD prophylactically in the defined population. This recommendation is promulgated as a result of a randomized trial that demonstrated a 5.6% absolute risk reduction and a 31% relative risk reduction for death in the patient group receiving an ICD. The committee consensus was that further risk stratification of the referenced population might better define the benefit of an ICD in such patients. The reader should review the discussion regarding this recommendation in the full-text guideline on the ACC, AHA, and NASPE web sites.
Class IIb	Class IIb	Class IIb
1. Cardiac arrest presumed to be due to VF when electrophysiological testing is precluded by other medical conditions. (Level of Evidence: C) (124,131,144,145)		No change
2. Severe symptoms attributable to sustained ventricular tachyarrhythmias while awaiting cardiac transplantation. (Level of Evidence: C)	<ol> <li>Severe symptoms (eg, syncope) attributable to ventricular tachyarrhythmias in patients awaiting cardiac transplantation. (Level of Evidence: C) (146,147)</li> </ol>	No substantive change. Syncope was added as an example of "severe symptoms."
3. Familial or inherited conditions with a high risk for life-threatening ventricular tachyarrhythmias such as long-QT syndrome or hypertrophic cardiomyopathy. (Level of Evidence: B) (27,39,148–154)		No change
4. Nonsustained VT with coronary artery disease, prior MI, LV dysfunction, and inducible sustained VT or VF at electrophysiological study. (Level of Evidence: B) (113,118,126,141,142,155,156)		No change
5. Recurrent syncope of undetermined etiology in the presence of ventricular dysfunction and inducible ventricular arrhythmias at electrophysiological study when other causes of syncope have been excluded. (Level of Evidence: C)		No change
	6. Syncope of unexplained etiology or family history of unexplained sudden cardiac death in association with typical or atypical right bundle-branch block and ST-segment elevations (Brugada syndrome). (Level of Evidence: C) (157,158)	New recommendation for ICD implantation in patients with the Brugada syndrome and syncope or family history of sudden cardiac death. Several reports suggest that ICD therapy in patients with this syndrome is effective in preventing sudden death.

1998 Recommendation	2002 New or Revised Recommendations	Comments
	7. Syncope in patients with advanced structural heart disease in which thorough invasive and noninvasive investigation has failed to define a cause. (Level of Evidence: C)	New recommendation based on clinical experience and expert consensus. Patients with advanced structural heart disease and syncope of undetermined etiology despite thorough investigation are likely to have an arrhythmic cause of the syncope and thus may benefit from ICD insertion.
Class III	Class III	Class III
1. Syncope of undetermined cause in a patient without inducible ventricular tachyarrhythmias. (Level of Evidence: C)	1. Syncope of undetermined cause in a patient without inducible ventricular tachyarrhythmias and without structural heart disease. (Level of Evidence: C)	Modification of this recommendation to exclude patients with structural heart disease who fall under #7, Class Ilb, above.
2. Incessant VT or VF. (Level of Evidence: C)		No change
3. VF or VT resulting from arrhythmias amenable to surgical or catheter ablation; for example, atrial arrhythmias associated with the Wolff-Parkinson-White syndrome, right ventricular outflow tract VT, idiopathic left ventricular tachycardia, or fascicular VT. (Level of Evidence: C) (130,160–163)		No change
4. Ventricular tachyarrhythmias due to a transient or reversible disorder (eg, AMI, electrolyte imbalance, drugs, trauma). (Level of Evidence: C) (164)	4. Ventricular tachyarrhythmias due to a transient or reversible disorder (eg, AMI, electrolyte imbalance, drugs, or trauma) when correction of the disorder is considered feasible and likely to substantially reduce the risk of recurrent arrhythmia. (Level of Evidence: B) (165–167)	Changed to address the issue of many patients with structural heart disease who experience cardiac arrest in the setting of abnormal electrolytes. Such patients may still be at risk for recurrent arrhythmic events and may still benefit from ICD therapy.
5. Significant psychiatric illnesses that may be aggravated by device implantation or may preclude systematic follow-up. (Level of Evidence: C) (168,169)		No change
6. Terminal illnesses with projected life expectancy less than six months. (Level of Evidence: C)		No change
7. Patients with coronary artery disease with LV dysfunction and prolonged QRS duration in the absence of spontaneous or inducible sustained or nonsustained VT who are undergoing coronary bypass surgery. (Level of Evidence: B) (170)		No change
8. NYHA Class IV drug-refractory congestive heart failure in patients who are not candidates for cardiac transplantation. (Level of Evidence: C)		No change

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